

# St. Peter's R.C. Primary School



Growing Together in Christ.

"We are a Catholic School. Our special purpose is to live, learn and work together in the presence of Christ."

## RHE Policy

### Intent

At St Peter's Primary School, our aim is to give our pupils good knowledge and understanding about the role of relationships in their own life and how that relates to others whilst gaining an understanding of what it means to be happy and healthy. Our objective is to provide quality lessons in this statutory part of the curriculum whilst still maintaining the values and mission of our school, with the full support and partnership between parents, staff, governors and pupils. As a Catholic school, it is our mission to educate the whole person, we go beyond the physical, emotional and social, providing opportunities to recognise the spiritual relationship we can have with God and how this helps to guide our lives and the choices we make. At the heart of all our learning is the recognition and celebration of the loving relationship between God, all people and all creation. Christians believe that we are made in the image and likeness of God. Gender and sexuality are seen as a gift from God, they reflect God's beauty, and share in the divine creativity. RHE, will be placed firmly within the context of relationship, as it is there that sexuality grows and develops.

### Implementation

RHE will be delivered through TEN:TEN, "Life to the Full" which is a scheme of work in Relationships Education for Catholic primary schools which embraces and fulfils the new statutory curriculum. It is taught with a spiral approach to learning, in which pupils will revisit the same topics at an age-appropriate stage through their school life. We deliver RHE on a 2-year cycle over 3 terms.

The programme includes teaching about personal health, physical and emotional wellbeing, strong emotions, private parts of the body, personal relationships, family structures, trusted adults, growing bodies, puberty, periods, life cycles, the dangers of social media, where babies come from, an understanding of the Common Good and living in the wider world.

The entire teaching is underpinned with a religious understanding that our deepest identity is as a child of God - created chosen and loved by God.

In Life to the Full, we follow a three-stage structure which is repeated across three different learning stages:

- EYFS is aimed at Nursery and Reception
- Key Stage One is aimed at Years 1 and 2
- Lower Key Stage Two is aimed at Years 3 and 4
- Upper Key Stage Two is aimed at Years 5 and 6

Within each learning stage, there are three modules:

- Created and Loved by God
- Created to Love Others
- Created to Live in Community

Each Module is then broken down into Units of Work. Within each unit there are a number of planned sessions which are to be led in the classroom.

The TEN:TEN framework is based upon ten principles for Catholic RHE which incorporates statutory government guidance and religious guidance. The 'Life to the Full' programme also integrates other quality resources from sources such as the NSPCC and Childnet.

## Impact

The RSHE Subject Leader will monitor the provision of the various dimensions of the programme by examining plans, schemes of work and samples of pupils work at regular intervals. The programme will be evaluated annually by means of pupil voice / assessment given to pupils, and / or by discussion with pupils and staff. The results of the evaluation should be reported to these groups of interested parties and their suggestions sought for improvements. Governors will consider all such evaluations and suggestions before amending the policy. Governors remain ultimately responsible for the policy.

Assessment of RHE will be through pupils' completion of short assessment activities at the beginning and end of each unit. The activities, provided as part of the TEN:TEN 'Life to The Full' programme, allow opportunities for pupils to demonstrate progress in their own knowledge and understanding of what they have learnt.

**Policy updated by C.Wright  
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